

ABOUT THE SEF

I.- GENERAL INFORMATION

1.- Organization of the SEF Register

In 1993, the Spanish Fertility Society (*Sociedad Española de Fertilidad, SEF*) created a Register (the SEF Register) containing the most important data concerning the different treatments performed by assisted reproduction centres in Spain. This Register reflects the overall activity regarding assisted reproduction techniques performed in Spain. In 2009, the Ministry of Health and Social Policy declared the SEF Register to be useful while a new decree regulating the future Official Register of Assisted Reproduction Techniques is in preparation. Since 2010, the reports issued by the SEF Register offer both general data and information about the individual clinics involved. Participation in the SEF Register is voluntary.

2.- Validity of the data

The importance and reliability of the SEF Register is corroborated by the following:

- This Register is managed and regulated by the SEF, a non-profit making scientific organization.
- Every year, at least 10% of participating clinics are monitored by an independent company to ensure that the data reported are accurate.

3.- Techniques registered

The most important data regarding the following assisted reproduction treatments were compiled.

- In vitro fertilization (IVF) / Intra cytoplasmatic sperm injection (ICSI)
- Frozen embryo cycles
- Egg donation cycles
- Intrauterine insemination (IUI)
- Donor insemination (DI)
- Other techniques, such as preimplantation genetic diagnosis, in vitro maturation of oocytes, frozen oocyte cycles.

4. Main data analyzed

The following are the most important data analyzed.

- Level of activity: number of cycles, oocyte retrievals and embryo transfers
- Clinical parameters: mean age of the women
- Effectiveness: pregnancy rates achieved
- Quality: number of embryos transferred
- Safety and risks: multiple pregnancies